

Joslin's Karate & Kickboxing

4065 Grass Valley Hwy #201, Auburn 530.888.7227

	Monday Tract A	Tuesday Tract B	Wednesday Tract A	Thursday Tract B	Friday Tract C	Saturday Tract C
Executive Adult	10:45-11:30 Floor #1		10:45-11:30 Floor #1	-----	10:45-11:30 Floor #1	-----
Day Class-Adults All Belts	11:45-12:45 Floor #1		11:45-12:45 Floor #1		11:45-12:45 Floor #1	
Tiny Tigers Ages 4-5	4:30-5:00 Floor #1	5:20-5:50 Floor #2	4:30-5:00 Floor #1	5:20-5:50 Floor #2	4:30-5:00 Floor #1	-----
Little Dragons 6-7	3:50-4:20 Floor #1	4:00-4:30 Floor #2 4:40-5:10 Floor #2	3:50-4:20 Floor #1	4:00-4:30 Floor #2 4:40-5:10 Floor #2	-----	10:30-11:00 AM
Beginning Jr. Ages 8-12 White, Hachi, Yellow & Orange Belts	3:50-4:35 Floor #2 5:45-6:35 Floor #1	4:00-4:45 Floor #1 6:45-7:35 Floor #1	3:50-4:35 Floor #2 5:45-6:35 Floor #1	4:00-4:45 Floor #1 6:45-7:35 Floor #1	5:10-6:00 Floor #1	11:00-11:50 Kata 1:00-1:50 Sparring
Intermediate Jr. Ages 8-12 Green & Purple Belts	6:45-7:35 Floor #2	6:00-6:50 Floor #2	6:45-7:35 Floor #2	6:00-6:50 Floor #2	6:10-7:00 Floor #1	12:00-12:50 Kata 1:00-1:50 Sparring
Advanced Jr. Ages 8-12 Brown & Black Belts	6:10-7:00 Floor #1	4:50-5:40 Floor #1	6:10-7:00 Floor #1	4:50-5:40 Floor #1	6:10-7:00 Floor #1	12:00-12:50 Kata 1:00-1:50 Sparring
Beginning Teen-Adult White, Hachi, Yellow & Orange Belts	4:45-5:35 Floor #2	7:10-8:00 Floor #2	4:45-5:35 Floor #2	7:10-8:00 Floor #2	5:10-6:00 Floor #2	11:00-11:50 Kata 1:00-1:50 Sparring
Intermediate Teen-Adult Green & Purple Belts	7:10-8:00 Floor #1	5:45-6:35 Floor #1 8:10-9:00 Floor #1	7:10-8:00 Floor #1	5:45-6:35 Floor #1 8:10-9:00 Floor #1	6:10-7:00 Floor #2	12:00-12:50 Kata 1:00-1:50 Sparring
Advanced Teen-Adult Brown & Black Belts	7:10-8:00 Floor #1	5:45-6:35 Floor #1 8:10-9:00 Floor #1	7:10-8:00 Floor #1	5:45-6:35 Floor #1 8:10-9:00 Floor #1	6:10-7:00 Floor #2	12:00-12:50 Kata 1:00-1:50 Sparring
Adult Kickboxing	5:10-6:00 Floor #1	7:45-8:30 Floor #2	5:10-6:00 Floor #1	7:45-8:30 Floor #2	7:30-8:15 Floor #2	-----

* There are No Regular Classes on Special Events Days*