

Joslin's Martial Arts Center

1801 Cirby Way Suite #3
Roseville, Ca. 95661

773-4141

www.greatkarate.com

	Monday Tract A	Tuesday Tract B	Wednesday Tract A	Thursday Tract B	Friday Tract C	Saturday Tract C
Day Class-Adults All Belts	12:10-1:00		12:10-1:00		-----	-----
Tiny Tigers Ages 4-5	5:00-5:30	3:50-4:20	5:00-5:30	3:50-4:20	5:00-5:30	-----
Little Dragons 6-7	5:40-6:10	4:30-5:00	5:40-6:10	4:30-5:00	4:20-5:00	
Beginning Jr. Ages 8-12 White- Orange Belts	6:20-7:05	5:10-6:00	6:20-7:05	5:10-6:00	5:40-6:35	11:10-12:00 Open Kata 12:10-1:00 Sparring
Intermediate Jr. Ages 8-12 Green & Purple Belts	4:00-4:50	6:10-7:00	4:00-4:50	6:10-7:00	5:40-6:35	11:10-12:00 Open Kata 12:10-1:00 Sparring
Advanced Jr. Ages 8-12 Brown & Black Belts	4:00-4:50	6:10-7:00	4:00-4:50	6:10-7:00	5:40-6:35	11:10-12:00 Open Kata 12:10-1:00 Sparring
Beginning Teen-Adult White- Orange Belts	7:10-8:00	7:10-8:00	7:10-8:00	7:10-8:00	6:45-7:35	11:10-12:00 Open Kata 12:10-1:00 Sparring
Intermediate Teen-Adult	7:10-8:00	7:10-8:00	7:10-8:00	7:10-8:00	6:45-7:35	11:10-12:00 Open Kata 12:10-1:00 Sparring
Advanced Teen-Adult	7:10-8:00	7:10-8:00	7:10-8:00	7:10-8:00	6:45-7:35	11:10-12:00 Open Kata 12:10-1:00 Sparring

Plan on arriving 10 minutes before class-Wear a complete uniform-Notify staff if you will miss 2 or more classes.

* There are No Regular Classes on Special Events Days*

Joslin's East West Karate

1725 Santa Clara Drive, Suite 130 Roseville, Ca 95661

773-0909

www.greatkarate.com

	Monday Tract A	Tuesday Tract B	Wednesday Tract A	Thursday Tract B	Friday Tract C	Saturday Tract C
Day Class-Adults All Belts	12:10-1:00		12:10-1:00		-----	-----
Tiny Tigers Ages 4-5	5:00-5:30	3:50-4:20	5:00-5:30	3:50-4:20	5:00-5:30	-----
Little Dragons 6-7	5:40-6:10	4:30-5:00	5:40-6:10	4:30-5:00	4:20-5:00	
Beginning Jr. Ages 8-12 White- Orange Belts	6:20-7:05	5:10-5:50	6:20-7:05	5:10-5:50	5:40-6:35	11:10-12:00 Open Kata 12:10-1:00 Sparring
Intermediate Jr. Ages 8-12 Green & Purple Belts	4:00-4:50	6:00-6:50	4:00-4:50	6:00-6:50	5:40-6:35	11:10-12:00 Open Kata 12:10-1:00 Sparring
Advanced Jr. Ages 8-12 Brown & Black Belts	4:00-4:50	6:00-6:50	4:00-4:50	6:00-6:50	5:40-6:35	11:10-12:00 Open Kata 12:10-1:00 Sparring
Beginning Teen-Adult White- Orange Belts	7:10-8:00	7:00-7:50	7:10-8:00	7:00-7:50	6:45-7:35	11:10-12:00 Open Kata 12:10-1:00 Sparring
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Advanced Teen-Adult	7:10-8:00	7:00-7:50	7:10-8:00	7:00-7:50	6:45-7:35	11:10-12:00 Open Kata 12:10-1:00 Sparring
Adult Kickboxing	7:10-7:50	7:00-7:50	7:10-8:50	7:00-7:50	6:45-7:35	-----



Ask about our awesome Karate Birthday Parties. Each 90 minute party includes all paper goods, lots of games, board breaking, pizza, juice, plus much, much more! Just bring the cake and your camera, sit back and enjoy... we do all the

Call us today- we have limited times available for Birthday Parties...
They fill up fast!

(916) 773-0909

Greatkarate.com

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