

Joslin's East West Karate

8303 Sierra College Blvd. #140, Roseville, Ca 95661

773-0909

www.greatkarate.com

	Monday Tract A	Tuesday Tract B	Wednesday Tract A	Thursday Tract B	Friday Tract C	Saturday Tract C
Day Class-Adults All Belts	12:15-1:15 Floor #1	-----	12:15-1:15 Floor #1	-----	12:15-1:15 Floor #1	-----
Tiny Tigers Ages 4-5	5:00-5:30 Floor #1	4:00-4:30 Floor #2	5:00-5:30 Floor #1	4:00-4:30 Floor #2	5:00-5:30 Floor #1	-----
Little Dragons 6-7	5:45-6:15 Floor #1	4:45-5:15 Floor #2	5:45-6:15 Floor #1	4:45-5:15 Floor #2	-----	10:30-11:00 AM Floor #1
Beginning Jr. Ages 8-12 White, Hachi, Yellow & Orange Belts	4:00-4:50 Floor #1 6:30-7:20 Floor #1	5:00-5:50 Floor #1 6:30-7:20 Floor #2	4:00-4:50 Floor #1 6:30-7:20 Floor #1	5:00-5:50 Floor #1 6:30-7:20 Floor #2	5:40-6:30 Floor #1	11:10-12:00 Kata Floor #1 1:10-2:00 Sparring Floor #1
Intermediate Jr. Ages 8-12 Green & Purple Belts	7:10-8:00 Floor #2	4:00-4:50 Floor #1	7:10-8:00 Floor #2	4:00-4:50 Floor #1	6:40-7:30 Floor #2	12:10-1:00 Kata Floor #1 1:10-2:00 Sparring Floor #1
Advanced Jr. Ages 8-12 Brown & Black Belts	4:10-5:00 Floor #2	6:00-6:50 Floor #1	4:10-5:00 Floor #2	6:00-6:50 Floor #1	6:40-7:30 Floor #2	12:10-1:00 Kata Floor #1 1:10-2:00 Sparring Floor #1
Beginning Teen-Adult White, Hachi, Yellow & Orange Belts	6:10-7:00 Floor #2	7:30-8:15 Floor #2	6:10-7:00 Floor #2	7:30-8:15 Floor #2	5:40-6:30 Floor #2	11:10-12:00 Kata Floor #2 1:10-2:00 Sparring Floor #2
Intermediate Teen-Adult Green & Purple Belts	5:10-6:00 Floor #2 7:30-8:20 Floor #1	7:00-7:50 Floor #1	5:10-6:00 Floor #2 7:30-8:20 Floor #1	7:00-7:50 Floor #1	6:40-7:30 Floor #1	12:10-1:00 Kata Floor #2 1:10-2:00 Sparring Floor #2
Advanced Teen-Adult Brown & Black Belts	5:10-6:00 Floor #2 7:30-8:20 Floor #1	7:00-7:50 Floor #1	5:10-6:00 Floor #2 7:30-8:20 Floor #1	7:00-7:50 Floor #1	6:40-7:30 Floor #1	12:10-1:00 Kata Floor #2 1:10-2:00 Sparring Floor #2
Adult Kickboxing	8:15-9:00 Floor #2	5:30-6:15 Floor #2	8:15-9:00 Floor #2	5:30-6:15 Floor #2	5:40-6:25 Floor #2	-----

* There are No Regular Classes on Special Events Days*

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Advanced Jr. Ages 8-12 Brown & Black Belts	4:10-5:00 Floor #2	6:00-6:50 Floor #1	4:10-5:00 Floor #2	6:00-6:50 Floor #1	6:40-7:30 Floor #2	12:10-1:00 Kata Floor #1 1:10-2:00 Sparring Floor #1
Beginning Teen-Adult White, Hachi, Yellow & Orange Belts	6:10-7:00 Floor #2	7:30-8:15 Floor #2	6:10-7:00 Floor #2	7:30-8:15 Floor #2	5:40-6:30 Floor #2	11:10-12:00 Kata Floor #2 1:10-2:00 Sparring Floor #2
Intermediate Teen-Adult Green & Purple Belts	5:10-6:00 Floor #2 7:30-8:20 Floor #1	7:00-7:50 Floor #1	5:10-6:00 Floor #2 7:30-8:20 Floor #1	7:00-7:50 Floor #1	6:40-7:30 Floor #1	12:10-1:00 Kata Floor #2 1:10-2:00 Sparring Floor #2
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